

Kit List - Gorge Walking (Ghyll Scrambling)

To wear...

waterproof jacket and trousers

warm and comfortable clothing - cotton and denim is not recommended

boots, wellies or approach shoes suitable for rough terrain - these will get wet

To bring....

full change of warm clothes - you may get completely soaked

warm hatgloves/mittens thermals

water bottle

flask

food & snacks

camera - make sure we know you have it so we can keep it dry

sun cream/sun hat

To put it in....

30 litre rucksack

a small waterproof bag for mobile/valuables

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